



## COSTA RICA ESCAPE PART I

11 – 19 JANUARY 2025

By Jacob Roalef



*The top highlight of this trip was seeing **Resplendent Quetzal** on two different days!*

### Overview

This nine-day tour of Costa Rica was a fantastic introduction to this amazing birding and wildlife destination. The tour touched on a variety of habitats from Caribbean lowlands to cloud forest in upper elevations and everywhere in between. We visited places such as La Paz Waterfall Gardens, La Selva Biological Station, Cope wildlife reserve, Savegre, Paraiso Quetzal, Los Quetzal National Park and many more. We explored Costa Rica at a more relaxed pace and visited a nice variety of feeder stations, along with easy hiking trails and roadside birding, making for a perfect visit to the neotropics for both newer and experienced birders alike.

Even with a relaxed pace, our bird checklist was still long and full of top highlight species! It is hard not to see a plethora of amazing birds while in Costa Rica. Our list included **Resplendent Quetzal**, **Red-headed Barbet**, **Yellow-eared Toucanet**, **White-tipped Sicklebill**, **Coppery-headed Emerald**, **Bare-shanked Screech Owl**, **Rufous Motmot**, **Great Green** and **Scarlet Macaws**, **Black-crowned Antshrike**, **Black-crowned Tityra**, **Timberline Wren**, **Volcano Junco**, **Peg-billed Finch**, **Black-cheeked Warbler**, and so many more.

A total of 223 bird species were seen, with 12 more being heard only species, making for a total of 235 species recorded on the trip. Of course, Costa Rica is home to so much fabulous wildlife aside from birds. We enjoyed many incredible sightings like **Strawberry Poison Dart Frog**, **Eyelash Pit Viper**, **Boa Constrictor**, **Brown-throated Three-toed Sloth**, and **Honduran White Bat**. Full bird and mammal checklists can be found at the end of the report.



*The stunning **Yellow-throated Toucan** was one of five toucan species seen on this trip!*

### Detailed Report

#### **Day 1, 11<sup>th</sup> January 2025. Hotel Bougainvillea and welcome dinner**

Several participants arrived in Costa Rica one night early, so, after breakfast, we had our first bit of birding together around the grounds of Hotel Bougainvillea. The hotel hosts some fantastic gardens and space to spread out and bird. Right outside we were immediately greeted by **Social Flycatcher**, **Great Kiskadee**, and **Clay-colored Thrush**. As we continued, we spotted **Baltimore Oriole**, **Crested Caracara**, **Philadelphia Vireo**, **Rufous-tailed Hummingbird**, and more. The true highlights of our walk this morning came in the form of two **Mottled Owls** roosting in the bamboo and a stunning **Lesson's Motmot** which allowed for fantastic views out in the open. We had the rest of the afternoon to ourselves to rest before we met up again for our first official meal. With the whole group there for dinner, our tour had officially begun.



*We enjoyed stellar views of **Lesson's Motmot** at our hotel.*

#### **Day 2, 12<sup>th</sup> January 2025. La Paz Waterfalls and Cinchona feeders**

We began our day with another morning walk around Hotel Bougainvillea. We managed to see several of the key species again this morning that some of the later arrivals missed the previous day like **Mottled Owl**, **Lesson's Motmot**, and **Rufous-backed Wren**. In addition to these, we added several new trip species such as **White-eared Ground Sparrow**, **Montezuma Oropendola**, and **Hoffmann's Woodpecker**. After about an hour of birding the gardens, we enjoyed some tasty breakfast and checked out to begin our adventure around Costa Rica. Our first stop was at Freddo Fresas, a nice little garden area with flowers and a few hummingbird feeders. This quick stop was highlighted by a cute **Magenta-throated Woodstar** visiting the flowers. We also added the exciting **Long-tailed Silky-flycatcher** before we loaded back up and headed for La Paz Waterfall



Gardens. Here we got our first true taste of a hummingbird feeder area as loads of **Purple-throated Mountain-gems**, **Green-crowned Brilliants**, **Violet Sabrewings**, **Green Thorntails**, **Black-bellied Hummingbirds**, and **Green Hermits** buzzed all around us. We also got stellar views of the endemic **Coppery-headed Emerald**. It was difficult, but we finally managed to tear ourselves away and enjoy some lunch at the café here.

As we finished up our meal, an adventurous **Slaty-backed Nightingale-Thrush** paid us a visit and amazingly hopped onto one of our tables! That certainly made for an unforgettable experience. With our bellies full, we began our short hike to see the incredible La Paz falls. Our walk was quiet, but we managed some excellent views of **Common Chlorospingus** and **Brown-capped Vireo** towards the end. Of course, we also had a wonderful experience with the powerful waterfalls here. Next up, more incredible feeders, this time at Cinchona. This little café area hosted some incredible birds such as **White-bellied Mountain-gem**, **Black Guan**, **Prong-billed Barbet**, **Blue-throated** (Northern Emerald) **Toucanet**, **Crimson-collared** and **Silver-throated Tanagers**, and **Buff-throated Saltator**. We were almost ready to leave when the final top highlight species made a stunning appearance. The glowing **Red-headed Barbet** finally showed itself and we even got to see both male and female, what a stunner! Now it was mid-afternoon, and we had some ground to cover to get to the next hotel. We made a few stops along the way and picked up some nice species like **Torrent Tyrannulet**, **Slate-throated Redstart**, and **Fasciated Tiger-Heron**. We arrived at the lodge, got checked in, and enjoyed our dinner together after an amazing day of birding.



*The striking **Red-headed Barbet** was well worth the wait at Cinchona.*

**Day 3, 13<sup>th</sup> January 2025. La Quinta and La Selva Biological Station**

This morning started out like all good mornings do in Costa Rica, breakfast, coffee, and amazing birds. We all enjoyed the feeder set up at La Quinta while we awaited breakfast. A fantastic diversity of birds visited the morning fruit set out for them, such as **Collared Aracari**, **Red-throated Ant-Tanager**, **Golden-hooded Tanager**, and **Shining, Green, and Red-legged Honeycreepers**. After we enjoyed our food and got our gear all set, we headed off for La Selva Biological Station. We spent the entire morning here, birding along the entrance road and east of the Puerto Viejo River. It was an incredible morning full of fantastic sightings. Along the entrance we spotted our first of many **Yellow-throated** and **Keel-billed Toucans** as well as **Southern Rough-winged Swallow** and **Green Ibis**. From here we sprayed our boots and got onto some of the many trails located here. Our local guides kindly pointed out a **Crested Owl** hiding in the dense brush, as well as a **Great Potoo** sleeping way up in a tree, with perfect camouflage. A quick venture down a side trail netted us a **Slaty-tailed Trogon**, **White-collared Manakin**, and an incredibly accommodating **Semiplumbeous Hawk**. We ventured a little bit off trail to see some tiny sleeping Honduran White Bats. On the way back we picked up the always tough **Rufous Motmot**, as well as an **Olive-backed Euphonia** and **Grey-capped Flycatcher**. Three hours later and it was time for lunch, so we headed back to the lodge to rest a little and eat.



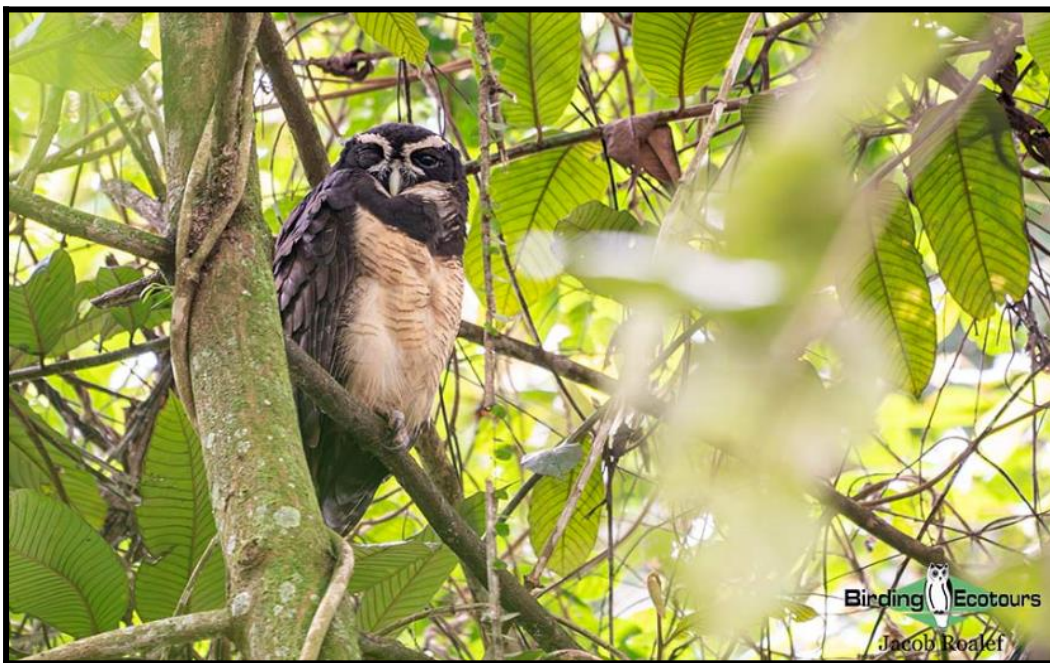
*This handsome **Semiplumbeous Hawk** posed nicely for the group to enjoy.*

After lunch, we headed back to La Selva, this time to bird the trails across the river. As we began to cross the bridge, we were treated to a stellar mixed flock. It was difficult to keep up, especially as the bridge would shake at times, but we spotted **Golden-winged Warbler**, **Cinnamon**, **White-winged**, and **Rose-throated Becards**, **Black-crowned Tityra**, **White-ringed Flycatcher**, **White-ruffed Manakin**, and **Rufous-winged Woodpecker**, what a flock! Across the river we got onto a territorial **Blue-chested Hummingbird**, as well as an incredibly confiding **Slaty-tailed Trogon**.

We explored the various trails on the west side and picked some really fantastic species such as **Broad-billed Motmot**, **Black-crowned Antshrike**, **Streak-headed Woodcreeper**, **Crested Guan**, **Black-throated Wren**, **Black-capped Pygmy-Tyrant**, and **Ochre-bellied Flycatcher**. It was then time to head off and leave La Selva behind, after having had a fantastic day birding there. On our way back to the lodge, we made a quick stop along a side street. Here we got on a **Bat Falcon**, as well as the critically endangered **Great Green Macaw**! After a while of enjoying these huge parrots, a pair of **Scarlet Macaws** were spotted nearby, and we enjoyed those as well. What a great cap to the day!

#### Day 4, 14<sup>th</sup> January 2025. The Nest Nature Center and Cope's

Today started off with a noisy group of **Grey-headed Chachalacas** at breakfast, along with the slew of other species visiting the morning fruit feeders. After getting fueled up and ready, we departed for the Nest Nature Center. It was a drizzly day, so the covered area near the feeders here was a welcome place to bird from. We enjoyed many species such as **Scaly-breasted Hummingbird**, **Collared Aracari**, **Hoffmann's Woodpecker**, **Orange-chinned Parakeet**, **White-collared Manakin**, **Scarlet-rumped Tanager**, and **Montezuma Oropendola**. While we watched the feeder area, we also kept a close eye on the nearby heliconia flowers. Eventually we were treated to a few quick sightings of the amazing, White-tipped **Sicklebill**. The rain began to lighten up slightly and we all took turns to venture into a sensitive area and see a roosting **Striped Owl**. It was nearly time to head out, so we headed off in search of our final target. Some other birders had reported this species nearer to the town, so we sped over there and managed to catch up with the difficult **Yellow-eared Toucanet** in the rain!



*This Spectacled Owl always kept one eye on us.*



On our way back to the lodge, we spotted some **Scarlet Macaws** flying over the road. We managed to track them down in a nearby yard and the homeowners were kind enough to allow us a closer look in their tree. It is always incredible to see these stunning birds up close. The remainder of the day was spent at Cope's Reserve, a fantastic feeder area as well as nearby forest habitat. At feeders we were treated to a hummingbird show with point blank views of **White-necked Jacobin**, **Green-breasted Mango**, **Bronze-tailed Plumeleteer**, and **Long-billed Hermit**. Of course, there were more than just hummers here, with **Russet-naped Wood-Rail**, **Olive-backed Euphonia**, and **Chestnut-headed Oropendola**, to name a few. After getting a good fill at the feeders, we headed off to the forest where Cope showed us a pair of roosting **Spectacled Owls**. While we were there, we also managed to spot a few other great species like **Stripe-throated Hermit**, **Olive-throated Parakeet**, **Shiny Cowbird**, and **Thick-billed Seed-Finch**. To finish the day, we tried our hand at a little dusk birding back near La Selva. We managed a few heard species like **Middle American Screech-Owl** and **Great Tinamou**, plus we had a few views of **Common Pauraque** in the road. It was time for dinner and rest after a long, but great day of birding!

### Day 5, 15<sup>th</sup> January 2025. Sarapiquí to the cloud forest

Today was mostly used for a travel day to get from the Caribbean lowlands up to the cloud forests in the mountains. We enjoyed the usual morning suspects at our hotel, like **Red-legged Honeycreeper**, **Red-throated Any-Tanager**, **Blue Dacnis**, and **Cinnamon-bellied Saltator**, before packing up our luggage and saying goodbye. Along our route we made several stops for birding and picked up some nice species like **Groove-billed Ani**, **Blue-black Grassquit**, and **Morelet's Seedeater**. We made it through San Jose and up into the mountains around lunch where we stopped at Casa Dowii, a fantastic place to eat and bird.



*The unforgettable **Red-legged Honeycreeper** was spotted many times.*

It was windy and rainy, but we still managed to spot many new species at our lunch stop. We noticed as the habitat and ecosystem changed, so did the bird assemblage. Highlights here included **Buff-fronted Quail-Dove**, **Red-faced Spinetail**, **Grey-breasted Wood-Wren**, **Chestnut-capped**, **White-naped**, and **Yellow-thighed Brushfinches**, and **Flame-colored Tanager**. We wrapped up lunch and finished our journey to our next lodge, Hotel Gema, where we checked in and explored the grounds and feeders here before dinner. The misty day certainly didn't help but we enjoyed the few species around, like **Talamanca** and **Volcano Hummingbirds**, **Sooty Thrush**, and **Large-footed Finch**. We also took advantage of the weather to catch up on a little rest before sitting down for a tasty dinner to finish the day.

### Day 6, 16<sup>th</sup> January 2025. Los Quetzales National Park and Paraiso Quetzal Lodge

This morning began with an optional walk around our lodge grounds and feeders before breakfast. We enjoyed the feeders, with **Grey-tailed Mountain-gem** and **Talamanca Hummingbird** making frequent visits, as well as a small covey of **Spotted Wood-Quails** coming to some seed on the ground. Our walk produced more great species such as **Collared Trogon**, **Mountain Thrush**, and **Slaty Flowerpiercer**. After breakfast we headed to explore some of the roads in Los Quetzales National Park. It was a beautiful morning for a small hike, and we scored some fantastic species here like **Mistletoe Tyrannulet**, **Ruddy Treerunner**, **Timberline Wren**, **Black-and-yellow Silky-flycatcher**, and **Flame-throated Warbler**. Just before it was time to head for lunch we got into an excellent mixed flock with the highlight being **Peg-billed Finch**, but it also included **Sooty-capped Chlorospingus**, **Black-cheeked Warbler**, **Flame-colored Tanager**, and **Black-billed Nightingale-Thrush**. The birds moved through quickly, so we loaded up and headed off for lunch.



*We were treated to daily sightings of **Spotted Wood-Quail** at Hotel Gema.*



Our lunch stops at Paraiso Quetzal Lodge hosted some incredible hummingbird feeders, so we all enjoyed watching these while we waited for our food to be prepared. The main attraction here has to be the many **Fiery-throated Hummingbirds** zipping around. What an absolutely stunning bird. Of course, other hummers were present as well such as **Volcano** and **Talamanca Hummingbirds**, **Lesser Violetear**, and **Grey-tailed Mountain-gem**. We also spotted a cute **Wilson's Warbler** before enjoying lunch. After eating, we enjoyed the feeders for a little longer, before taking a small break for the afternoon, in anticipation of some evening birding. We headed off around 4pm and birded along the roadside, where we found **Collared Redstart** and a **Purple-throated Mountain-gem**, which was a rarity for our elevation level. It was time to wait until dusk, so we began working on our checklist when suddenly we heard several **Dusky Nightjars** sounding off outside the bus. We filed out in search for them, and we managed to spot them a few times in the road. We began to walk the roadside, and it wasn't long before a **Bare-shanked Screech-Owl** called. We managed to track this fantastic species down and get great views of it. A successful night birding session called for some celebration at dinner and a good night's sleep!

#### Day 7, 17<sup>th</sup> January 2025. Savegre Valley and Cerro de la Muerte

We were up and moving early today in anticipation for arguably the top highlight and most desirable species on the trip. After a short hike, we arrived at a great viewing area of many avocado trees where we would wait for the star to show. Thankfully it didn't take long before we enjoyed the stunning beauty of not one but two **Resplendent Quetzals**! A pair were enjoying their breakfast, flying from tree to tree while we watched and soaked it all in. Eventually, the birds flew off deeper into the forest and it was time to move on to our next stop, Miriam's Restaurant.



*We didn't have to search long before this **Volcano Junco** was spotted near the bus.*

This small café hosts some nice feeders in the back, and it is a great place to get a cup of coffee as well after an early morning start. We notched several new species here like **Acorn Woodpecker**, **Sooty Thrush**, and **Large-footed Finch**. The remainder of the morning was spent exploring the Savegre Valley area. We followed the Savegre River and quickly picked up a confiding **Yellowish Flycatcher** as well as **Slaty Flowerpiercer** and **Stripe-tailed Hummingbird**. Further upriver we managed to get into a few small mixed flocks which proved to be fruitful. Species such as **Red-faced Spinetail**, **Olive-streaked Flycatcher**, **Spotted Barbtail**, **Black-faced Solitaire**, and **Dark Pewee** were enjoyed by all. It was time for lunch, which we enjoyed outside in the beautiful weather, and a flock of **White-collared Swifts** graced us with some nice views while we ate. Our afternoon consisted of a long journey up to the top of Cerro de la Muerte in search of our final target for the day. Thankfully, after a long journey, it wasn't very long before a pair of **Volcano Juncos** appeared right next to our parked vehicle! In fact, these birds continued to come closer and closer until they were practically on our shoes. These high-altitude specialists were a great way to finish the day. We headed back to the lodge for a little down time before dinner.

### Day 8, 18<sup>th</sup> January 2025. Los Quetzals National Park and back to San Jose

Our final full day in Costa Rica began with another pre-breakfast walk around our lodge grounds which netted us a few nice species like **Long-tailed Silky-flycatcher** and **Yellow-winged Vireo**. After we ate, we loaded up the bus and headed off. It would be a long day of travel to our hotel near the San Jose airport. Of course, we still had the full morning for birding efforts and hopes of adding some new species. We decided to spend this time exploring a few different sections of Los Quetzals National Park. One of the first birds we heard was a **Resplendent Quetzal** calling loudly. We unloaded and managed to track it down. It's tough to beat a morning with a quetzal.



*We all enjoyed seeing **Fiery-throated Hummingbird** one final time before departing.*

We continued down the road and picked up other nice birds such as **Ruddy Pigeon**, **Spot-crowned Woodcreeper**, **White-fronted Tyrannulet**, **Yellow-bellied Siskin**, and **Black-cheeked Warbler**. At the end of our walk, things picked up and we enjoyed a very confiding **Black-capped Flycatcher** as well as two new species for the trip, **Black-thighed Grosbeak** and **White-winged Tanager**, both really nice birds. For lunch we all wanted to head back to Parisio Quetzal Lodge and spend a little more time with all of the stunning **Fiery-throated Hummingbirds** there. Finally, it was time to say goodbye to these cute little birds and continue. The rest of the afternoon was full of driving and, sadly, some traffic in San Jose. A few common city birds like **House Sparrow** and **Great-tailed Grackle** provided some entertainment from the bus while we crawled along. Eventually we made it to our hotel, checked in, and had our final dinner together, where we discussed our favorite birds, sightings, and moments from the trip, sharing some final laughs and smiles together.

### **Day 9, 19<sup>th</sup> January 2025. Departure from San Jose**

Our trip concluded this morning with airport transfers to San Jose to catch our flights back home. Some of us had later flights and were able to bird the hotel grounds. We picked up a few new species for the trip, like **Cinnamon Hummingbird**, **Spot-breasted Oriole**, and **Ferruginous Pygmy Owl**. It is always great to add a few new trip birds on the final morning before concluding what was an amazing trip and introduction to neotropical birding.



**Bird List - Following IOC (14.2)**

Birds 'heard only' are marked with (H) after the common name, all other species were seen. Species seen only on the pre-trip day of this trip are marked with (+) after the common name.

The following notation after species names is used to show conservation status following BirdLife International: CE = Critically Endangered, EN = Endangered, VU = Vulnerable, NT = Near Threatened.

Common Name	Scientific Name
<b>Tinamous (Tinamidae)</b>	
Great Tinamou (H)	<i>Tinamus major</i>
Little Tinamou (H)	<i>Crypturellus soui</i>
<b>Ducks, Geese, Swans (Anatidae)</b>	
Muscovy Duck	<i>Cairina moschata</i>
<b>Chachalacas, Curassows, Guans (Cracidae)</b>	
Grey-headed Chachalaca	<i>Ortalis cinereiceps</i>
Crested Guan	<i>Penelope purpurascens</i>
Black Guan	<i>Chamaepetes unicolor</i>
<b>New World Quail (Odontophoridae)</b>	
Spotted Wood Quail	<i>Odontophorus guttatus</i>
<b>Nightjars (Caprimulgidae)</b>	
Pauraque	<i>Nyctidromus albicollis</i>
Dusky Nightjar	<i>Antrostomus saturatus</i>
<b>Potoos (Nyctibiidae)</b>	
Great Potoo	<i>Nyctibius grandis</i>
<b>Swifts (Apodidae)</b>	
White-collared Swift	<i>Streptoprocne zonaris</i>
Grey-rumped Swift	<i>Chaetura cinereiventris</i>
Vaux's Swift	<i>Chaetura vauxi</i>
<b>Hummingbirds (Trochilidae)</b>	
White-necked Jacobin	<i>Florisuga mellivora</i>
White-tipped Sicklebill	<i>Eutoxeres aquila</i>

Common Name	Scientific Name
Band-tailed Barbthroat	<i>Threnetes ruckeri</i>
Stripe-throated Hermit	<i>Phaethornis striigularis</i>
Green Hermit	<i>Phaethornis guy</i>
Long-billed Hermit	<i>Phaethornis longirostris</i>
Lesser Violetear	<i>Colibri cyanotus</i>
Green-breasted Mango	<i>Anthracothonax prevostii</i>
Green Thorntail	<i>Discosura conversii</i>
Green-crowned Brilliant	<i>Heliodoxa jacula</i>
Talamanca Hummingbird	<i>Eugenes spectabilis</i>
Fiery-throated Hummingbird	<i>Panterpe insignis</i>
White-bellied Mountaingem	<i>Lampornis hemileucus</i>
Purple-throated Mountaingem	<i>Lampornis calolaemus</i>
Grey-tailed Mountaingem (Endemic)	<i>Lampornis cinereicauda</i>
Magenta-throated Woodstar	<i>Philodice bryantae</i>
Ruby-throated Hummingbird	<i>Archilochus colubris</i>
Volcano Hummingbird	<i>Selasphorus flammula</i>
Violet Sabrewing	<i>Campylopterus hemileucurus</i>
Bronze-tailed Plumeleteer	<i>Chalybura urochrysis</i>
Coppery-headed Emerald (Endemic)	<i>Microchera cupreiceps</i>
Stripe-tailed Hummingbird	<i>Eupherusa eximia</i>
Black-bellied Hummingbird	<i>Eupherusa nigriventris</i>
Scaly-breasted Hummingbird	<i>Phaeochroa cuvierii</i>
Cinnamon Hummingbird	<i>Amazilia rutila</i>
Rufous-tailed Hummingbird	<i>Amazilia tzacatl</i>
Blue-chested Hummingbird	<i>Polyerata amabilis</i>
<b>Cuckoos (Cuculidae)</b>	
Groove-billed Ani	<i>Crotophaga sulcirostris</i>
Squirrel Cuckoo	<i>Piaya cayana</i>
<b>Pigeons, Doves (Columbidae)</b>	
Rock Dove (Introduced)	<i>Columba livia</i>
Band-tailed Pigeon	<i>Patagioenas fasciata</i>
Pale-vented Pigeon	<i>Patagioenas cayennensis</i>
Red-billed Pigeon	<i>Patagioenas flavirostris</i>
Ruddy Pigeon	<i>Patagioenas subvinacea</i>
Inca Dove	<i>Columbina inca</i>
Ruddy Ground Dove	<i>Columbina talpacoti</i>

Common Name	Scientific Name
White-tipped Dove	<i>Leptotila verreauxi</i>
Buff-fronted Quail-Dove	<i>Zentrygon costaricensis</i>
White-winged Dove	<i>Zenaida asiatica</i>
<b>Rails, Crakes &amp; Coots (Rallidae)</b>	
Russet-naped Wood Rail	<i>Aramides albiventris</i>
<b>Plovers (Charadriidae)</b>	
Southern Lapwing	<i>Vanellus chilensis</i>
<b>Cormorants and Shags (Phalacrocoracidae)</b>	
Neotropic Cormorant	<i>Nannopterum brasilianum</i>
<b>Ibises, Spoonbills (Threskiornithidae)</b>	
Green Ibis	<i>Mesembrinibis cayennensis</i>
<b>Hérons, Egrets, and Bitterns (Ardeidae)</b>	
Bare-throated Tiger Heron	<i>Tigrisoma mexicanum</i>
Fasciated Tiger Heron	<i>Tigrisoma fasciatum</i>
Snowy Egret	<i>Egretta thula</i>
Great Egret	<i>Ardea alba</i>
Western Cattle Egret	<i>Ardea ibis</i>
<b>New World Vultures (Cathartidae)</b>	
King Vulture	<i>Sarcorampus papa</i>
Black Vulture	<i>Coragyps atratus</i>
Turkey Vulture	<i>Cathartes aura</i>
<b>Ospreys (Pandionidae)</b>	
Osprey	<i>Pandion haliaetus</i>
<b>Kites, Hawks, Eagles (Accipitridae)</b>	
Semiplumbeous Hawk	<i>Leucopternis semiplumbeus</i>
Grey Hawk	<i>Buteo plagiatus</i>
Broad-winged Hawk	<i>Buteo platypterus</i>
Short-tailed Hawk	<i>Buteo brachyurus</i>
Red-tailed Hawk	<i>Buteo jamaicensis</i>



Common Name	Scientific Name
<b>Owls (Strigidae)</b>	
Ferruginous Pygmy Owl	<i>Glaucidium brasilianum</i>
Striped Owl	<i>Asio clamator</i>
Bare-shanked Screech Owl	<i>Megascops clarkii</i>
Middle American Screech Owl (H)	<i>Megascops guatemalae</i>
Spectacled Owl	<i>Pulsatrix perspicillata</i>
Crested Owl	<i>Lophotrix cristata</i>
Mottled Owl	<i>Strix virgata</i>
<b>Trogon (Trogonidae)</b>	
Resplendent Quetzal	<i>Pharomachrus mocinno</i>
Slaty-tailed Trogon	<i>Trogon massena</i>
Northern Black-throated Trogon	<i>Trogon tenellus</i>
Collared Trogon (H)	<i>Trogon collaris</i>
<b>Motmots (Motmotidae)</b>	
Lesson's Motmot	<i>Momotus lessonii</i>
Rufous Motmot	<i>Baryphengus martii</i>
Broad-billed Motmot	<i>Electron platyrhynchum</i>
<b>New World Barbets (Capitonidae)</b>	
Red-headed Barbet	<i>Eubucco bourcierii</i>
<b>Toucan Barbets (Semnornithidae)</b>	
Prong-billed Barbet	<i>Semnornis frantzii</i>
<b>Toucans (Ramphastidae)</b>	
Blue-throated Toucanet	<i>Aulacorhynchus caeruleogularis</i>
Collared Aracari	<i>Pteroglossus torquatus</i>
Yellow-eared Toucanet	<i>Selenidera spectabilis</i>
Keel-billed Toucan	<i>Ramphastos sulfuratus</i>
Yellow-throated Toucan	<i>Ramphastos ambiguus</i>
<b>Woodpeckers (Picidae)</b>	
Acorn Woodpecker	<i>Melanerpes formicivorus</i>
Black-cheeked Woodpecker	<i>Melanerpes pucherani</i>

Common Name	Scientific Name
Hoffmann's Woodpecker	<i>Melanerpes hoffmannii</i>
Yellow-bellied Sapsucker	<i>Sphyrapicus varius</i>
Hairy Woodpecker (H)	<i>Leuconotopicus villosus</i>
Rufous-winged Woodpecker	<i>Piculus simplex</i>
Golden-olive Woodpecker	<i>Colaptes rubiginosus</i>
Chestnut-colored Woodpecker	<i>Celeus castaneus</i>
Lineated Woodpecker	<i>Dryocopus lineatus</i>
<b>Caracaras, Falcons (Falconidae)</b>	
Crested Caracara	<i>Caracara plancus</i>
Yellow-headed Caracara	<i>Milvago chimachima</i>
Bat Falcon	<i>Falco rufigularis</i>
<b>African &amp; New World Parrots (Psittacidae)</b>	
Orange-chinned Parakeet	<i>Brotogeris jugularis</i>
White-crowned Parrot	<i>Pionus senilis</i>
Red-lored Amazon	<i>Amazona autumnalis</i>
Sulphur-winged Parakeet	<i>Pyrrhura hoffmanni</i>
Olive-throated Parakeet	<i>Eupsittula nana</i>
Great Green Macaw - CR	<i>Ara ambiguus</i>
Scarlet Macaw	<i>Ara macao</i>
Finsch's Parakeet (Crimson-fronted)	<i>Psittacara finschi</i>
<b>Ovenbirds (Furnariidae)</b>	
Plain-brown Woodcreeper	<i>Dendrocincla fuliginosa</i>
Streak-headed Woodcreeper	<i>Lepidocolaptes souleyetii</i>
Spot-crowned Woodcreeper	<i>Lepidocolaptes affinis</i>
Spotted Barbtail	<i>Premnoplex brunnescens</i>
Ruddy Treerunner	<i>Margarornis rubiginosus</i>
Red-faced Spinetail	<i>Cranioleuca erythrops</i>
<b>Antbirds (Thamnophilidae)</b>	
Black-crowned Antshrike	<i>Thamnophilus atrinucha</i>
Fasciated Antshrike (H)	<i>Cymbilaimus lineatus</i>
<b>Tapaculos (Rhinocryptidae)</b>	
Silvery-fronted Tapaculo (H)	<i>Scytalopus argentifrons</i>

Common Name	Scientific Name
<b>Tyrant Flycatchers, Calyptura (Tyrannidae)</b>	
White-fronted Tyrannulet	<i>Acrochordopus zeledoni</i>
Mountain Elaenia	<i>Elaenia frantzii</i>
Torrent Tyrannulet	<i>Serpophaga cinerea</i>
Yellow Tyrannulet	<i>Capsiempis flaveola</i>
Mistletoe Tyrannulet	<i>Zimmerius parvus</i>
Olive-streaked Flycatcher	<i>Mionectes olivaceus</i>
Ochre-bellied Flycatcher	<i>Mionectes oleagineus</i>
Black-capped Pygmy Tyrant	<i>Myiornis atricapillus</i>
Common Tody-Flycatcher	<i>Todirostrum cinereum</i>
Black Phoebe	<i>Sayornis nigricans</i>
Dark Pewee	<i>Contopus lugubris</i>
Yellowish Flycatcher	<i>Empidonax flavescens</i>
Black-capped Flycatcher	<i>Empidonax atriceps</i>
Social Flycatcher	<i>Myiozetetes similis</i>
Grey-capped Flycatcher	<i>Myiozetetes granadensis</i>
Great Kiskadee	<i>Pitangus sulphuratus</i>
White-ringed Flycatcher	<i>Conopias albobittatus</i>
Tropical Kingbird	<i>Tyrannus melancholicus</i>
Dusky-capped Flycatcher	<i>Myiarchus tuberculifer</i>
Great Crested Flycatcher (H)	<i>Myiarchus crinitus</i>
<b>Manakins (Pipridae)</b>	
White-ruffed Manakin	<i>Corapipo altera</i>
White-collared Manakin	<i>Manacus candei</i>
<b>Tityras, Becards, Sharpbill (Tityridae)</b>	
Black-crowned Tityra	<i>Tityra inquisitor</i>
Cinnamon Becard	<i>Pachyramphus cinnamomeus</i>
White-winged Becard	<i>Pachyramphus polychopterus</i>
Rose-throated Becard	<i>Pachyramphus albogriseus</i>
<b>Vireos, Greenlets, Shrike-babblers (Vireonidae)</b>	
Lesser Greenlet	<i>Pachysylvia decurtata</i>
Philadelphia Vireo	<i>Vireo philadelphicus</i>
Brown-capped Vireo	<i>Vireo leucophrys</i>



Common Name	Scientific Name
Yellow-winged Vireo	<i>Vireo carmioli</i>
<b>Crows, Jays (Corvidae)</b>	
Brown Jay (H)	<i>Cyanocorax morio</i>
<b>Silky-flycatchers (Ptiliogonatidae)</b>	
Black-and-yellow Phainoptila	<i>Phainoptila melanoxantha</i>
Long-tailed Silky-flycatcher	<i>Ptiliogonys caudatus</i>
<b>Swallows, Martins (Hirundinidae)</b>	
Grey-breasted Martin	<i>Progne chalybea</i>
Northern Rough-winged Swallow	<i>Stelgidopteryx serripennis</i>
Southern Rough-winged Swallow	<i>Stelgidopteryx ruficollis</i>
Blue-and-white Swallow	<i>Pygochelidon cyanoleuca</i>
Barn Swallow	<i>Hirundo rustica</i>
<b>Wrens (Troglodytidae)</b>	
Rufous-backed Wren	<i>Campylorhynchus capistratus</i>
Black-throated Wren	<i>Pheugopedius atrogularis</i>
Bay Wren (H)	<i>Cantorchilus nigricapillus</i>
Southern House Wren (H)	<i>Troglodytes musculus</i>
Timberline Wren	<i>Thryorchilus browni</i>
Grey-breasted Wood Wren (H)	<i>Henicorhina leucophrys</i>
<b>Mockingbirds, Thrashers (Mimidae)</b>	
Tropical Mockingbird	<i>Mimus gilvus</i>
<b>Thrushes (Turdidae)</b>	
Black-faced Solitaire	<i>Myadestes melanops</i>
Slaty-backed Nightingale-Thrush	<i>Catharus fuscater</i>
Black-billed Nightingale-Thrush	<i>Catharus gracilirostris</i>
Sooty Thrush	<i>Turdus nigrescens</i>
Mountain Thrush	<i>Turdus plebejus</i>
Clay-colored Thrush	<i>Turdus grayi</i>
<b>Old World Sparrows, Snowfinches (Passeridae)</b>	
House Sparrow (Introduced)	<i>Passer domesticus</i>

Common Name	Scientific Name
<b>Finches, Euphonias (Fringillidae)</b>	
Yellow-bellied Siskin	<i>Spinus xanthogastrus</i>
Golden-browed Chlorophonia	<i>Chlorophonia callophrys</i>
Yellow-crowned Euphonia	<i>Euphonia luteicapilla</i>
Olive-backed Euphonia	<i>Euphonia gouldi</i>
<b>New World Sparrows (Passerellidae)</b>	
Sooty-capped Chlorospingus	<i>Chlorospingus pileatus</i>
Common Chlorospingus	<i>Chlorospingus flavopectus</i>
Orange-billed Sparrow	<i>Arremon aurantirostris</i>
Chestnut-capped Brushfinch	<i>Arremon brunneinucha</i>
Volcano Junco	<i>Junco vulcani</i>
Rufous-collared Sparrow	<i>Zonotrichia capensis</i>
Large-footed Finch	<i>Pezopetes capitalis</i>
White-eared Ground Sparrow	<i>Melospiza leucotis</i>
White-naped Brushfinch	<i>Atlapetes albinucha</i>
Yellow-thighed Brushfinch	<i>Atlapetes tibialis</i>
<b>Oropendolas, Orioles, Blackbirds (Icteridae)</b>	
Chestnut-headed Oropendola	<i>Psarocolius wagleri</i>
Montezuma Oropendola	<i>Psarocolius montezuma</i>
Scarlet-rumped Cacique	<i>Cacicus microrhynchus</i>
Baltimore Oriole	<i>Icterus galbula</i>
Spot-breasted Oriole	<i>Icterus pectoralis</i>
Black-cowled Oriole	<i>Icterus prosthemelas</i>
Red-winged Blackbird	<i>Agelaius phoeniceus</i>
Shiny Cowbird	<i>Molothrus bonariensis</i>
Melodious Blackbird	<i>Dives dives</i>
Great-tailed Grackle	<i>Quiscalus mexicanus</i>
<b>New World Warblers (Parulidae)</b>	
Northern Waterthrush	<i>Parkesia noveboracensis</i>
Golden-winged Warbler	<i>Vermivora chrysoptera</i>
Black-and-white Warbler	<i>Mniotilta varia</i>
Flame-throated Warbler	<i>Oreothlypis gutturalis</i>
Tennessee Warbler	<i>Leiothlypis peregrina</i>

Common Name	Scientific Name
American Redstart	<i>Setophaga ruticilla</i>
Blackburnian Warbler	<i>Setophaga fusca</i>
American Yellow Warbler	<i>Setophaga aestiva</i>
Chestnut-sided Warbler	<i>Setophaga pensylvanica</i>
Black-throated Green Warbler	<i>Setophaga virens</i>
Chestnut-capped Warbler	<i>Basileuterus delatirii</i>
Black-cheeked Warbler	<i>Basileuterus melanogenys</i>
Wilson's Warbler	<i>Cardellina pusilla</i>
Slate-throated Whitestart	<i>Myioborus miniatus</i>
Collared Whitestart	<i>Myioborus torquatus</i>
<b>Cardinals &amp; Allies (Cardinalidae)</b>	
Flame-colored Tanager	<i>Piranga bidentata</i>
Summer Tanager	<i>Piranga rubra</i>
Red-throated Ant Tanager	<i>Driophlox fuscicauda</i>
Black-thighed Grosbeak	<i>Pheucticus tibialis</i>
Rose-breasted Grosbeak	<i>Pheucticus ludovicianus</i>
<b>Tanagers &amp; Allies (Thraupidae)</b>	
Green Honeycreeper	<i>Chlorophanes spiza</i>
Red-legged Honeycreeper	<i>Cyanerpes cyaneus</i>
Shining Honeycreeper	<i>Cyanerpes lucidus</i>
Blue Dacnis	<i>Dacnis cayana</i>
Cinnamon-bellied Saltator	<i>Saltator grandis</i>
Buff-throated Saltator	<i>Saltator maximus</i>
Bananaquit	<i>Coereba flaveola</i>
Blue-black Grassquit	<i>Volatinia jacarina</i>
Crimson-collared Tanager	<i>Ramphocelus sanguinolentus</i>
Scarlet-rumped Tanager	<i>Ramphocelus passerinii</i>
Morelet's Seedeater	<i>Sporophila moreletii</i>
Variable Seedeater	<i>Sporophila corvina</i>
Thick-billed Seed Finch	<i>Sporophila funerea</i>
Peg-billed Finch	<i>Acanthidops bairdi</i>
Slaty Flowerpiercer	<i>Diglossa plumbea</i>
Blue-grey Tanager	<i>Thraupis episcopus</i>
Palm Tanager	<i>Thraupis palmarum</i>
Golden-hooded Tanager	<i>Stilpnia larvata</i>
Silver-throated Tanager	<i>Tangara icterocephala</i>

Common Name	Scientific Name
<b>Total Seen</b>	<b>223</b>
Total Heard	12
Total Recorded	235

### Mammal List

Common Name	Scientific Name
<b>Three-toed Sloths (Bradypodidae)</b>	
Brown-throated Three-toed Sloth	<i>Bradypus variegatus</i>
<b>Spider, Howler, and Woolly Monkeys (Atelidae)</b>	
Mantled Howler - VU (H)	<i>Alouatta palliata</i>
Central American Spider Monkey - EN	<i>Ateles geoffroyi</i>
<b>Agoutis and Acouchis (Dasyproctidae)</b>	
Central American Agouti	<i>Dasyprocta punctata</i>
<b>Squirrels (Sciuridae)</b>	
Variegated Squirrel	<i>Sciurus variegatoides</i>
<b>New World Leaf-nosed Bats (Phyllostomidae)</b>	
Honduran White Bat	<i>Ectophylla alba</i>
<b>Raccoons, Coatis, and Allies (Procyonidae)</b>	
White-nosed Coati	<i>Nasua narica</i>
<b>Peccaries (Tayassuidae)</b>	
Collared Peccary	<i>Dicotyles tajacu</i>
<b>Total seen</b>	<b>8</b>