

# PUERTO RICO ESCAPE: ENDEMICS AND ISLAND BIRDING TOUR REPORT

29 MARCH – 4 APRIL 2025 By Luis Gles



Puerto Rican Tody (photo Luis Gles).



### **Overview**

Our set departure Puerto Rico Escape – Endemics and Island Birding tour had seven participants: Davie and Barbara from Australia, Pat, Kraig, and Lisa from Pennsylvania, and Laura and Ralph from West Virginia. The adventure began in San Juan, the capital of Puerto Rico, on March 29, 2025, and ended there again on April 4, 2025. This tour focused on all the island's endemic birds, visiting the best birding destinations in Puerto Rico, including El Yunque National Forest, Rio Abajo State Forest, Humacao Nature Preserve, and Maricao Forest Reserve.

La Isla Del Encanto, as the locals call Puerto Rico, was unforgettable. We saw and enjoyed all of the island's endemics like Elfin Woods Warbler, Puerto Rican Amazon, Yellow-shouldered Blackbird, Puerto Rican Bullfinch, Puerto Rican Lizard Cuckoo, Puerto Rican Spindalis, Adelaide's Warbler, and Puerto Rican Tody. We also enjoyed many Caribbean specialties like Scaly-naped and Plain Pigeons, Red-legged Thrush, the always-shy Masked Duck, Pearly-eyed Thrasher, the elegant White-tailed Tropicbird, Caribbean Elaenia, Mangrove Cuckoo, Green-throated Carib, and Antillean Crested Hummingbird. All these birds, and many more, were part of the 108 birds we encountered, of which only one was heard and not seen. The species list is at the end of this report.



Puerto Rican Amazon (photo Luis Gles).

### **Detailed Report**

### Day 1, 29th March 2025. Arrival in San Juan

We started our tour in San Juan, where I (Luis) met five of the participants in the afternoon. Then, we fetched Ralph and Laura at the old San Juan (Zona Colonial), where they were as part of their pre-tour. We headed west to our hotel in the city of Manatí. After checking in and taking a short rest, we met at the lobby and walked to the restaurant located next to the hotel. We enjoyed a delicious meal and talked over the details of the upcoming tour.

### Day 2, 30<sup>th</sup> March 2025. Northeast to southwest – Rio Abajo State Forest and Cambalache State Forest

Leaving our hotel early, we stopped for breakfast along the road in a classic Puerto Rican bakery. With our stomachs full, we headed to Rio Abajo State Forest in search of our main target for the day, and the most endangered endemic bird of the island, the **Puerto Rican Amazon**. This species has been a victim of the illegal pet trade and has suffered extensive habitat loss due to hurricanes, with Rio Abajo State Forest being its last stronghold. We arrived a few minutes before sunrise to see the birds leaving their roosting areas. We began walking down the trail and soon started hearing the loud noise of parrots. However, we didn't see any until one flew over and landed in a semi-open area, where I was able to set up the scope for everyone to enjoy views of this Critically Endangered (<u>BirdLife International</u>) bird.

Along with the Puerto Rican Amazon, we were able to see other endemics, such as Puerto Rican Bullfinch, Puerto Rican Woodpecker, Puerto Rican Tody, Puerto Rican Lizard Cuckoo, Puerto Rican Oriole, Puerto Rican Spindalis, Green Mango, and Puerto Rican Vireo, another bird that can be challenging to connect with. Following a fantastic first birding session, we headed out to Cambalache State Forest in search of Adelaide's Warbler, which we found. We also added Bananaquit, Black-whiskered Vireo, Northern Parula, Cave Swallow, Grey Kingbird, Mangrove Cuckoo, and Zenaida Dove.

We then continued west along the main highway, stopping along the road for delicious Puerto Rican sandwiches for lunch. Shortly after lunch, we stopped again at one of the tallest cliffs on the island, the breeding ground for one of the most elegant seabirds in the Caribbean, **White-tailed Tropicbird**. We were amazed by their flights and calls. We had stunning views of this unique bird, along with its cousin, **Magnificent Frigatebird**, which flew by at eye level to delight all of us. The trip ahead was long, so we continued driving south, in the direction of our base for the next couple of days, a lodge in the town of Parguera in the southwest of the island.

Before arriving at our destination for the night, we stopped to look at a colony of American White and Glossy Ibises. We also saw Orange-cheeked Waxbill, Western Cattle Egret, and Common Ground Dove. We checked in at our lodge, had dinner in the center of town, and then enjoyed a good night's rest.





Loggerhead Kingbird (photo Luis Gles).

#### Day 3, 31st March 2025. Maricao Forest Reserve

We set off towards Maricao Forest Reserve, stopping off at another popular bakery in Las Lajas for a nice breakfast. A thirty-five-minute drive inland from the bakery in Las Lajas, we arrived at Maricao State Forest, which is located in the western <u>Cordillera Central</u> mountains in the southwest of Puerto Rico. This state forest is renowned for its elfin woods, which are rich in endemic flora and fauna, and is home to most of the island's endemic birds. It is the best place to find the long-overlooked **Elfin Woods Warbler**, the main target for the morning.

We walked the first trail along the road and started noticing the expected endemics, such as Puerto Rican Lizard Cuckoo, Puerto Rican Woodpecker, and Puerto Rican Bullfinch. We also heard the song of the Black-whiskered Vireo, accompanied by the buzzing sound of Bananaquit, which was a constant accompaniment. Halfway down the trail, we heard the call of a Puerto Rican Tanager; we were really excited since this bird is in its own family, Nesospingidae. We tracked the call down and saw the bird really well. While enjoying this endemic bird, I found an occupied nest of Puerto Rican Emerald that was just behind us at that moment. As if this were not enough, nature elevated the moment with a pair of Elfin Woods Warblers. We changed our direction and headed to the main entrance. In the parking lot, we had the opportunity to study a pair of Puerto Rican Orioles that were nesting in a manga tree. Here, we also encountered other Caribbean specialties, such as the stunning and shy Pearly-eyed Thrasher, a flock of Caribbean Martins mixed with Cave Swallows, and Turkey Vultures were flying around. We also saw Puerto Rican Spindalis and Puerto Rican Tody, then headed down to the town of San Germán for lunch.





**Puerto Rican Emerald** (photo Luis Gles).

After lunch, we headed back to Maricao Forest Reserve to look for one more species that we had missed during the morning. We checked two new areas to cover more ground and hopefully connect with the euphonia, which still eluded us. During our search, we added new birds, including Red-tailed Hawk, White-crowned Pigeon, Green Mango, Puerto Rican Flycatcher, Red-legged Thrush, Shiny Cowbird, and Black-faced Grassquit. After a long search, we were losing hope and decided to return to the first trail we had tried early in the morning, before heading back to our lodge. Five minutes after arriving at the trail, I heard the distinctive whistle of a euphonia nearby. We ran up 150 feet and saw a female Puerto Rican Euphonia sitting conspicuously on top of an oak tree. What a relief after all the hard work! After enjoying this beautiful songbird, we returned to our lodge to rest before dinner and our owling scheduled for the evening.

On our way to the plaza where the restaurants are located, we enjoyed spotting some new birds, including Killdeer, Spotted Sandpiper, Clapper Rail, Osprey, and Brown Pelican. While enjoying drinks on the rooftop of the plaza, we saw flocks of the endangered and endemic Yellow-shouldered Blackbird flying to roost over the mangrove islands around La Parguera. After the avian sunset show, we had dinner and headed out for a short nighttime activity, where we added the endemic Puerto Rican Nightjar to conclude our third day in Puerto Rico.

## Day 4, 1st April 2025. Birding Laguna Cartagena, Cabo Rojo, and other southwest Puerto Rico birding

We left our lodge early for another good breakfast at the bakery in Las Lajas, on our way to Laguna Cartagena. Here, we added some introduced old-world species, like **Bronze Mannikin**, **African Collared Dove**, and **House Sparrow**, and **Venezuelan Troupial**, introduced from South America. We also added



migratory birds like Blue-winged Teal, Northern Parula, Prairie Warbler, and Belted Kingfisher. The highlights of the morning were Mangrove Cuckoo, Smooth-billed Ani, and Yellow-breasted Crake.

When we finished birding at the lagoon, we headed out to the southwest corner of the island to Cabo Rojo for lunch. On the way, we stopped for **White-cheeked Pintail**, **Least Grebe**, and **Black-necked Stilt**. We ate lunch with a view of the ocean, watching **Brown Booby** and **Royal** and **Sandwich Terns** flying offshore. We noticed a smaller booby and were surprised to find it was a dark morph **Red-footed Booby**!

After lunch, we walked along the warm trails of the Cabo Rojo. Here we enjoyed a large number of shorebirds, including Wilson's and Snowy Plover, Hudsonian Whimbrel, Lesser and Greater Yellowlegs, and Stilt, Least, and Semipalmated Sandpipers. To conclude our excellent birding day, we had good views of Caribbean Elaenia, and we found the endemic Turk's Head Cactus for David. We returned to our lodge, had an early dinner in town, and then went to bed.

## Day 5, 2<sup>nd</sup> April 2025, Bosque Estatal de Susúa, and the southern edge of Puerto Rico in the direction of El Yunque National Forest

Following our tradition of early departure, we once again visited the bakery at Las Lajas before immersing ourselves in the beautiful forest of Bosque Estatal de Susúa. This state forest provided good views of White-winged Parakeet, Zenaida Dove, American Kestrel, Loggerhead Kingbird, and Puerto Rican Vireo. Pearly-eyed Thrasher was abundant. We saw boreal migrants, including Black-and-white Warbler, American Redstart, and the best view of the trip of the endemic Adelaide's Warbler. We constantly heard the deep calls of Key West and Ruddy Quail-Dove, but didn't see them well. With limited time remaining, we headed west and north to El Yunque National Forest and our last lodge of the trip, for the next two nights.

On our way to El Yunque, we had lunch at a classic Puerto Rican place in the south-central part of the island. Not far from there, we saw one of the most beautiful birds of the Caribbean, the **Antillean Crested Hummingbird!** After seeing this exquisite bird, we continued along the coast and then up into the hills in the northwest of the island until we arrived at our unique lodge, located almost at the top of the national forest.

After checking in, we relaxed and enjoyed some birding around the property and in the forest before dinner. After the meal, we checked the parking lot for the **Puerto Rican Owl** that was calling. The owl was our last Puerto Rican endemic; unfortunately, not all of us were able to see it well.

### Day 6, 3<sup>rd</sup> April 2025. Birding Humacao Nature Preserve to Fajardo

Some of the participants who missed the owl the night before woke up earlier today. Hearing the calls of multiple Puerto Rican Owls, we stepped outside and looked for them until, finally, we spotted two of them for all of us to enjoy. We had achieved the primary purpose of this tour! We enjoyed a delicious breakfast at the lodge and prepared for departure. We visited a popular birding spot along the coast, the Humacao Nature Preserve. This preserve is renowned for its well-preserved mangrove forest, stunning beaches, and easy-to-follow trails. Since we had all the endemic species of the island, we focused on regional specialties, such as the **Green-throated Carib**, a hummingbird species associated with the Lesser Antilles, which is found only in the western part of Puerto Rico. Unfortunately, the weather was against us, and the wind was extreme, so it took more time than expected to find the hummingbird. After three hours, and with time running out before lunch, we miraculously found the bird in the front corner of



the preserve. The **Green-throated Carib** was hiding from the strong winds and making short flights. We set the scope up and waited until all of us had seen the bird.



Plain Pigeon (photo Luis Gles).

We left the park to have lunch in the town of Humacao, on our way to the lodge. After lunch, we relaxed at the property. Some of us watched the feeding flocks of **Puerto Rican Spindalis** and **Puerto Rican Tanager** passing by, and **Loggerhead Kingbirds** nesting in the palm in front of the dining room.

Following a well-deserved rest, we headed southwest along the hillside in search of another Caribbean specialty. We drove for over 40 minutes to the small town of Caguas. After a further 20 minutes of walking and moving around the San Lorenzo River, we found our last target for the trip, the gorgeous and elegant **Plain Pigeon**, sitting in perfect light. The bird was extremely cooperative, and we all had excellent views through the scope. To conclude this fantastic day, and the whole trip, we headed to a Spanish restaurant and had a feast to celebrate. We returned to the lodge after dinner to prepare for the departure day.

#### Day 7, 4th April 2025. El Yunque and departure from San Juan

Our final morning was a little rushed due to some flight complications, and we had to depart earlier than expected. Nevertheless, we had another great breakfast at the property, and then set off on the 90-minute drive to San Juan International Airport. After dropping off the first part of the group at the airport, the rest of the group went on a short visit to the north side of El Yunque National Forest, where we walked along some trails and browsed for souvenirs at the visitor center. Here in the middle of nature, we had our last lunch together, before heading out to the airport and finishing another successful Birding Ecotours tour in Puerto Rico, La Isla Del Encanto.



### **Bird List - Following AviList (v2025)**

Birds 'heard only' are marked with (H) after the common name, all other species were seen.

The following notation after species names is used to show conservation status following BirdLife International: CE = Critically Endangered, EN = Endangered, VU = Vulnerable, NT = Near Threatened.

Common Name	Scientific Name	
Ducks (Anatidae)		
Blue-winged Teal	Spatula discor	
White-cheeked Pintail	Anas bahamensis	
Grebes (Podicipedidae)		
Least Grebe	Tachybaptus dominicus	
Pied-billed Grebe	Podilymbus podiceps	
Pigeons, Doves (Columbidae)		
Rock Dove	Columba livia	
Scaly-naped Pigeon – NT	Patagioenas squamosa	
White-crowned Pigeon	Patagioenas leucocephala	
Plain Pigeon – NT	Patagioenas inornata	
Common Ground Dove	Columbina passaria	
Key West Quail-Dove	Geotrygon chrysia	
Eurasian Collared Dove	Streptopelia decaocto	



Common Name	Scientific Name
African Collared Dove	Streptopelia roseogrisea
White-winged Dove	Zenaida asiatica
Zenaida Dove	Zenaida aurita
Mourning Dove	Zenaida macroura
Anis, Cuckoos (Cuculidae)	
Smooth-billed Ani	Crotophaga ani
Mangrove Cuckoo	Coccyzus minor
Puerto Rican Lizard Cuckoo	Coccyzus vieilloti
Hummingbirds (Trochilidae)	
Green Mango	Anthracothorax dominicus
Green-throated Carib	Eulampis holosericeus
Antillean Created Hummingbird	Orthorthycus cristatus
Puerto Rican Emerald	Ricccordia maugaeus
Coots (Rallidae)	
Common Gallinule	Gallinula galeata
Clapper Rail	Rallus crepitant
Yellow-breasted Crake	Laterals flaviventer
Stilts, Avocets (Recurvirostridae)	
Black-necked Stilt	Himantopus mexicanus
Plovers (Charadriidae)	



Common Name	Scientific Name
Grey Plover – VU	Pluvialis squatarola
Killdeer – NT	Charadrius vociferus
Snowy Plover – NT	Anarhychus nivosus
Willson's Plover	Anarhynchus wilsonia
Sandpipers and Allies (Scolopaci	dae)
Hudsonian Whimbrel	Numenius hudsonicus
Least Sandpiper	Calidris minutilla
Spotted Sandpiper	Actitis macularius
Greater Yellowlegs – NT	Tringa melanoleuca
Lesser Yellowlegs – VU	Tringa flavipes
Ruddy Turnstone – NT	Arenaria interpres
Stilt Sandpiper – NT	Calidris himantopus
Semipalmated Sandpiper – NT	Calidris pusilla
Gulls, Terns, Skimmers (Laridae	)
Laughing Gull	Leucophaeus atricilla
Sandwich Tern	Hydroprogne cassia
Royal Tern	Thalasseus maximus
Tropicbirds (Phaethontidae)	
White-tailed Tropicbird	Phaethon lepturus



Common Name	Scientific Name	
Frigatebirds (Fregatidae)		
Magnificent Frigatebird	Fregata magnificens	
Pelicans (Pelecanidae)		
Brown Pelican	Pelecanus occidentalis	
Herons (Ardeidae)		
Great Blue Heron	Ardea herodias	
Great Egret	Ardea alba	
Snowy Egret	Egretta thula	
Little Blue Heron	Egretta caerulea	
Tricolored Heron	Egretta tricolor	
Western Cattle Egret	Bubulcus ibis	
Green Heron	Butorides virescens	
American White Ibis	Eudocimus albus	
Glossy Ibis	Plegadis flcinellus	
Least Bittern	Botaurus exilis	
Vultures (Cathartidae)		
Turkey Vulture	Cathartes aura	
Hawks, Eagles (Accipitridae)		
Osprey	Pandion haliaetus	
Red-tailed Hawk	Buteo jamaicensis	



Common Name	Scientific Name
Barn Owls (Tytonidae)	
American Barn Owl	Tyto alba
Owls (Strigidae)	
Puerto Rican Owl	Gymnasia nudipes
Nightjars (Caprimulgidae)	
Puerto Rican Nightjar – VU	Antrostomus cubanensis
Todies (Todidae)	
Puerto Rican Tody	Todus mexicanus
Kingfishers (Alcedinidae)	
Belted Kingfisher	Megaceryle alcyon
Woodpeckers (Picidae)	
Puerto Rican Woodpecker	Melanerpes portoricensis
Caracaras, Falcons (Falconidae	2)
American Kestrel	Falco sparveriusa
Merlin	Falco columbarium
Dannaka (Datte -t.l.)	
Parrots (Psittacidae)	



Common Name	Scientific Name
Puerto Rican Amazon – CR	Amazonas vittata
Monk Parakeet	Myiopsitta monachus
White-winged Parakeet	Brotogeris versicolurus
Flycatchers (Tyrannidae)	
Caribbean Elaenia	Elaenia martinica
Lesser Antillean Pewee	Contopus latirostris
Puerto Rican Flycatcher	Myiarchus antillarum
Grey Kingbird	Tyrannus dominicensis
Loggerhead Kingbird	Tyrannus caudifasciatus
Vireos (Vireonidae)	
Puerto Rican Vireo	Vireo latimeri
Black-whiskered Vireo	Vireo altiloquus
Swallows, Martins (Hirundini	dae)
Caribbean Martin	Progne dominicensis
Barn Swallow	Hirundo rustica
Cave Swallow	Petrochelidon fulva
Mockingbirds, Thrashers (Min	midae)
Northern Mockingbird	Mimus polyglottos
Pearly-eyed Thrasher	Margarops fuscatus
Thrushes (Turdidae)	



Common Name	Scientific Name
Red-legged Thrush	Turdus plumbeus
Waxbills, Munias & Allies (Estrildi	dae)
Bronze Mannikin	Spermestes cucullata
Orange-cheeked Waxbill	Estrilda melpoda
Scaly-breasted Munia	Lonchura punctulata
Old World Sparrows, Snowfinches	(Passeridae)
House Sparrow	Passer domesticus
Euphonias, Crossbills (Fringillidae)	
Puerto Rican Euphonia	Chlorophonia sclateri
Puerto Rican Tanager (Nesospingid	ae)
Puerto Rican Tanager – VU	Nesospingus speculiferus
Spindalis (Spindalidae)	
Puerto Rican Spindalis	Spindalis portoricensis
New World Blackbirds (Icteridae)	
Venezuelan Troupial	Icterus icterus
Puerto Rican Oriole	Icterus portoricensis
Yellow-shouldered Blackbird – EN	Agelaius xanthomus



Common Name	Scientific Name
Shiny Cowbird	Molothrus bonariensis
Greater Antillean Grackle	Quiscalus niger
Neotropical Warblers (Parulida	e)
Northern Waterthrush	Parkesia noveboracensis
Black-and-white Warbler	Mniotilta varia
Elfin Woods Warbler – EN	Setophaga angelae
American Redstart	Setophaga rutucilla
Northern Parula	Setophaga americana
Yellow Warbler	Setophaga petechia
Black-throated Blue Warbler	Setophaga caerulescens
Prairie Warbler	Setophaga discolor
Adelaide's Warbler	Setophaga adelaidae
Bananaquit, Grassquits, Tanage	ers (Thraupidae)
Bananaquit	Coereba flaveola
Yellow-faced Grassquit	Tiaris olivaceus
Puerto Rican Bullfinch – VU	Melopyrrha portoricensis
Black-faced Grassquit	Melanospiza bicilor

Total seen	107
Total heard	1
Total recorded	108

